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- Joe Currie, Capitol Design

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UPCOMING EVENTS

Shadow Visit 8:15 a.m.

March 23 and April 24, 2018

- ▶ Prospective applicants spend a half day at school "shadowing" a current student.

Admission Open House 8:30 a.m.

April 19, 2018

- ▶ Tour our campus and learn about our philosophy and programs.

"Thoroughly Modern Millie"

May 4 through 6

- ▶ Step back into the roaring '20s with our spring musical production.

"Music without Borders"

May 10 and 11

- ▶ Enjoy a night of musical hits from around the world at our spring concert.

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westlake fashion spotlight

With Anna Mariotti



Based on the positive feedback on my December issue about "athleisure," this month I want to go more in-depth on athletic wear and how to transform your look into "athleisure."



There are a few rules I follow when wearing workout wear in a casual setting other than the gym:

Always make sure the outfits are aesthetically pleasing. I do this by using neutral colors (usually black) and then adding a bright print or color to make the outfit fun and light. I also layer, I LOVE layering! Whether it is a jacket, vest or just a long sleeve shirt over a tank, I find that my outfits are not only more comfortable but there's more to look at.

When shopping for athletic wear, basics are very important. I think the best way to start transforming your outfits is to start with the basics and build up. I wear black a lot in general because it's a slimming color and goes with a lot, this helps especially when shopping at Lululemon, Ultracor and ALO. You want to make your outfit worth your money so stock up and invest on basics and splurge on exciting and unique pieces every once in a while.

The last thing I cannot stress enough is make sure you feel comfortable in your outfit. If you don't feel comfortable walking around in public for a long period of time, chances are the outfit you're wearing isn't for you.

Even though "athleisure" sounds super easy to wear, I sometimes have to try on different tops and leggings to feel confident enough.

Anna has always had a passion for fashion and looks forward to bringing the latest in fashion trends to the residents of Westlake!

